



27 of the most serious, problematic and challenging behaviors that parents and professionals encounter!

- Lying
- Chattering
- Hording
- Defiance
- Chores
- Gorging
- Aggression
- Homework
- Clinging

Headline News:

“The Great Behavior Breakdown”, written by B. Bryan Post Gets Powerful Praise!!

This book takes the foundation of attachment theory and brings it alive in the face of the most challenging behaviors that parents may face when parenting children with early attachment disruption histories. Rather than focusing on behaviors, Post goes into the very root of the cause and gives parents simple and concise guidance on how to respond in a manner that will help re-establish secure attachment where it may once have been lost.

— Sir Richard Bowlby

The Great Behavior Breakdown addresses the most difficult behaviors that parents can face. It gives parents an eye-opening and heart opening understanding of the causes of these behaviors, and a practical way to work with them that puts the focus on strengthening the relationship rather than trying to control the behavior. Like the best medicine, it addresses the root problems and not just the symptoms. We all love our children, but making that love real in the eye of the storm can be extremely challenging. This book will teach you about your own stress reactions, and how you can respond more effectively to your children from your own inner strength with compassionate understanding, rather than reacting out of your fear.

— Myla Kabat-Zinn,

Co-author of *“Everyday Blessings: The Inner Work of Mindful Parenting”*

Got Jekyll & Hyde?



Introductory Class

FREE

With Purchase of Great Behavior Breakdown book (\$20) & Workbook (\$15)

To purchase, email Kimberly@heart-to-hearthealing.com

www.heart-to-hearthealing.com

To Register simply email: kimberly@heart-to-hearthealing.com



Presenter: Kimberly Erickson-Nichols, MS, APSW, LPC is the owner and director of Heart to Heart Healing, LLC. She is a nationally recognized Therapist, Speaker, Coach and Specialist for emotional and behavioral disturbances in children. She is mostly known for expertise and success in a family-based treatment approach that addresses the underlying interactive dynamics of the entire family. Treatment centers around attunement, attachment, bonding and emotional healing and regulation.



Where families heal and reconnect emotionally, one heart at a time.